

# Dr Bhima's Surgery

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## **MOST PHARMACY'S NOW OFFER MINOR AILMENTS ADVICE.**

If you have any of these problems you are now able to go direct to the pharmacy for help and advice. They can also do prescriptions too.

**NHS**  
Heywood, Middleton and Rochdale  
Clinical Commissioning Group

### How much does it cost?

- If you do not pay for your prescriptions this treatment is free.
- If you do pay for your prescriptions this treatment will be the same as a prescription charge, or the price of the medication (whichever is cheaper).
- You will be required to sign a form and show evidence of your exemption (if appropriate) like you do on a doctor's prescription.

### Do you have one of these conditions?

- Allergies / bites & stings
- Athletes foot
- Cold sores
- Conjunctivitis
- Constipation
- Cough / cold / sneezing
- Diarrhoea
- Hay fever
- Head lice
- Headache / temperature / fever
- Indigestion / heartburn
- Mouth ulcers
- Nappy rash
- Nasal congestion
- Sore throat
- Teething
- Threadworms
- Vaginal thrush

### Am I eligible for the scheme?

**Yes** - if you are registered with one of the GPs in the borough of Rochdale.

**Yes** - if the patient is able to attend the pharmacy in person. For children under 16 years of age the parent / guardian will also need to attend for a full assessment to be carried out.

**Yes** - if you have one of the conditions listed.

**No** - if you are pregnant or breast feeding.

**No** - babies under 3 months old are exempt.

### Care at the Chemist

### Minor Ailments Scheme

You don't need to wait to see your doctor as you can get advice and treatment from your community pharmacy.

This leaflet provides information on the minor

## MISSED APPOINTMENTS

In November 2018 were **36** appointments that were not cancelled but the patient did not attend! If you can not make an appointment that you have booked please inform us with plenty of notice so that we can offer the appointment to other patients.

## Share For You

People living in Heywood, Middleton and Rochdale are to benefit from new technology that will allow their health and social care records to be shared securely with professionals involved in their care. Follow the link below to read the full story and gain all the facts:-

<http://www.hmrshareforyou.nhs.uk>

### Surgery Opening Hours

The surgery is open Monday to Friday from 08:00 until 18:30.

we are closed on a Saturday and Sunday but if you are in need of urgent care please contact **GP care services** or **111**.

### Useful Numbers

NHS (Out of hours) - 111

7 Day Access - 0161 763 8292

District Nurses - 01706 676 067

Midwife - 01706 517 223

Paediatric Nurse - 01706 676 777

Thinking Ahead - 01706 751 180

Contraceptive service -  
03003038565

Living Well - 01706 751 190



### **FLU SEASON**

**WE ARE NOW OFFERING THE FLU VACCINATION TO ALL ELIGIBLE PATIENTS. PLEASE CONTACT THE PRACTICE TO ARRANGE AN APPOINTMENT**

### Emis Online access

You can now also **book your appointments online and order your repeat medication** through the emis online access website.

This service is available even on a **weekend!**

**It is now a practice requirement for prescriptions to be ordered online either on the practice website or emis online access**

To apply for emis online access please collect a form from the surgery front desk.